

[PDF] Unlocking Lyme: Myths, Truths, And Practical Solutions For Chronic Lyme Disease

William Rawls MD - pdf download free book

"My greatest credential as a physician treating Lyme disease is that I've lived it. I've experienced virtually every symptom of Lyme disease, and in the process, I learned exactly what it takes to overcome it." - William Rawls

UNLOCKING
LYME



Myths, Truths, & Practical Solutions
for Chronic Lyme Disease

WILLIAM RAWLS, MD

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Description:

"Dr. Bill Rawls understands Lyme disease sufferers seeking clarity and relief because, like myself, he has experienced the pain and frustration firsthand. Through this ground-breaking book, he shares everything he has discovered on his journey to reclaiming his health... it may just be the answer you've been waiting for."

- Neil Spector, MD
Author of *Gone in a Heartbeat*

Lyme disease is one of the most puzzling illnesses on the planet. Anyone who has suffered from its debilitating symptoms knows the frustrations of trying to find a cure.

Many sufferers drag themselves from one doctor or alternative practitioner to the next, getting lost in a maze of lab tests, prescription drugs, and treatments. Thousands of dollars and months (or years) later, they realize they are no better off than where they started.

Unlocking Lyme puts an end to this desperate quest. Written by Dr. Bill Rawls, a physician who overcame Lyme disease himself, this book is a comprehensive, practical resource full of solutions that work.

What took Dr. Rawls 10 years to learn through intense research and personal experience, you can now learn and implement in a matter of months.

DR. RAWLS' STORY

Dr. Rawls was in the middle of a successful OB/GYN career when Lyme disease interrupted his life. In his struggle to overcome it, he explored every treatment option - from conventional medicine to the full range of alternative therapies. Ultimately, he embraced modern herbal therapy as his preferred solution, but he recognizes that the path may be different for each person.

INSIDE THE BOOK

Unlocking Lyme is the sum of Dr. Rawls' experience, research, and practical solutions to date. The book is divided into four parts, each part addressing a critical aspect of recovery:

- PART 1 - Provides an overview of common misconceptions about what Lyme disease is (hint: it's more than just a tick bite and *Borrelia* infection)
- PART 2 - Provides information on how to obtain a diagnosis, despite current limitations in diagnostic testing for Lyme
- PART 3 - Discusses limitations of long-term antibiotic use, and offers an overview of holistic and non-toxic therapies for healing and symptom control (including pain, depression, insomnia)
- PART 4 - Explains how to embrace a healthier lifestyle so you can stay well; learn how to strengthen your immune system, microbiome, and balance in your body

In the years since his recovery, **Dr. Rawls has helped thousands of patients find their path to healing from Lyme disease.** *Unlocking Lyme* brings together Dr. Rawls' accumulated knowledge and is the key you need to get your life back.

TESTIMONIALS

"Dr. Rawls understands the misery of chronic Lyme disease firsthand. *Unlocking Lyme* shares the approaches that he used to successfully recover his own health, and helps the reader understand that there is so much that can be done to regain a state of wellness and optimal health."

- Scott Forsgren
Editor & Founder, BetterHealthGuy.com

"Dr. Rawls has spoken on his approach to Lyme disease for the past several years; his comprehensive approach and lifestyle guidance has helped many of our members. We heartily endorse his approach to helping deal with the symptoms of Lyme and other tick-borne illnesses."

- John Dorney, President
NC Lyme Disease Foundation

"Unlocking Lyme delves into the science behind Lyme disease, explaining what it is, but more importantly how it can be overcome. Dr. Rawls carefully explains the various treatments for Lyme, leaving the reader feeling informed and empowered."

- Julie Ryan
E-Health Advocate, CountingMySpoons.com

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