

# [PDF] Cooking For Jeffrey: A Barefoot Contessa Cookbook

Ina Garten - pdf download free book

## arugula with prosciutto & burrata

recipe 2

When I get an idea for a dish to cook for a dinner party or for just to do myself, I like to start with a vegetable that I love. In this case, it's arugula. I like its peppery taste, and I love how it pairs with prosciutto, burrata, and citrus. I also love the way it looks in a bowl, especially when it's topped with a drizzle of olive oil.

**Ingredients:**  
1/2 cup good olive oil  
1/2 teaspoon lemon juice  
1 extra-large egg white, at room temperature  
1 teaspoon minced garlic  
Kosher salt and freshly ground black pepper  
1 cup good arugula  
8 ounces burrata  
2 or more halves of burrata or mozzarella  
1/2 pound thick sliced Italian prosciutto  
1/2 cup fresh figs  
Fresh figs, halved lengthwise  
Kosher salt (page 20)

**For the vinaigrette:** egg white, garlic, 1/2 teaspoon salt, and 1/2 teaspoon pepper in a small bowl. If you like a sweeter vinaigrette, add a splash of honey. Whisk until smooth. Place the arugula in a large salad bowl, pour on enough vinaigrette to coat, and toss well.  
**To assemble:** the vinaigrette in a shallow dish. Place half a burrata, cut side down, in the middle of each plate and carefully arrange the prosciutto and figs. If using mozzarella, it should be the size of prosciutto in half lengthwise. Sprinkle with salt and pepper, and serve with garlic bread.



### Books Details:

Title: Cooking for Jeffrey: A Barefoot

Author: Ina Garten

Released: 2016-10-25

Language:

Pages: 256

ISBN: 030746489X

ISBN13: 9780307464897

ASIN: 030746489X

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### Description:

For America's bestselling cookbook author Ina Garten there is no greater pleasure than cooking for the people she loves—and particularly for her husband, Jeffrey. She has been cooking for him ever since they were married forty-eight years ago, and the comforting, delicious meals they shared became the basis for her extraordinary career in food.

Ina's most personal cookbook yet, *Cooking for Jeffrey* is filled with the recipes Jeffrey and their

friends request most often as well as charming stories from Ina and Jeffrey's many years together. There are traditional dishes that she's updated, such as Brisket with Onions and Leeks, and Tsimmes, a vegetable stew with carrots, butternut squash, sweet potatoes, and prunes, and new favorites, like Skillet-Roasted Lemon Chicken and Roasted Salmon Tacos. You'll also find wonderful new salads, including Maple-Roasted Carrot Salad and Kale Salad with Pancetta and Pecorino. Desserts range from simple Apple Pie Bars to showstoppers like Vanilla Rum Panna Cotta with Salted Caramel. For the first time, Ina has included a chapter devoted to bread and cheese, with recipes and tips for creating the perfect cheese course. With options like Fig and Goat Cheese Bruschettas and Challah with Saffron, there's something everyone will enjoy.

From satisfying lunches to elegant dinners, here are the recipes Ina has tested over and over again, so you too can serve them with confidence to the people you love.

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