

Special thanks to our sponsors!



Hunt Family FOUNDATION



- | | | |
|-----------------------|------------------------|--------------------|
| A&E Dairy | KC Wolf | Rainbow Girls |
| Blue from Sporting KC | Little Gym | Susie and Warpaint |
| Chiefs Cheerleaders | Mac from the Mavericks | Swope Park Rangers |

Thanks to our team of volunteers!

Be a part of our team of over 1,000 volunteers. Learn more about volunteer opportunities by calling CCVI at 816-841-2284 or visit www.trolleyrun.org/volunteer.

We would love to hear from you!



Children's Center for the Visually Impaired

OUR MISSION is to prepare children from birth through school age who are blind or visually impaired, including those with multiple disabilities, to reach their highest potential in the sighted world.

OUR PROGRAM provides early intervention, preschool and kindergarten specialized instruction, individualized therapy, braille, consulting services, orientation and mobility and family education.

RACE DAY INSTRUCTIONS



SUNDAY, APRIL 28, 2019

MILL CREEK PARK • KANSAS CITY, MO

47TH STREET & J.C. NICHOLS PARKWAY

KIDS' RUN SCHEDULE OF EVENTS

- 9:00-10:00 A.M. ENTERTAINMENT
- 9:45-10:00 A.M. WARM-UP & PRE-RUN
- 10:15 A.M. FUN RUN STARTS
- 10:45-11:30 A.M. FAMILY AFTER-BASH

• **SORRY, NO RACE DAY REGISTRATION** •

TROLLEYRUN.ORG



**APRIL 28, 2019
@ MILL CREEK PARK**

LOCATION

The Kids' Run will take place in Mill Creek Park, located north of Emanuel Cleaver II Blvd. on the east side of J.C. Nichols Parkway. Be sure to allow plenty of time to park so you can enjoy the pre-race activities. Check the map (lower right) for suggested parking areas.

WHAT TO BRING

Kids should wear their Kids' Run t-shirt and pin their runner's number to the front or back. Parents, you may want to bring an extra jacket (for you and your child) and a blanket for sitting on the grass during the Family After-Bash.

IMPORTANT: SET UP A SAFE MEETING SPOT WITH YOUR KIDS!

If your child becomes lost, please instruct them to go to the information tent and tell someone there. Police officers will be in the park to help.

WARM-UP TIPS FOR KIDS

- Do not eat right before you run. There will be refreshments at the Family After-Bash.
- Take time to stretch before the race. This helps reduce injuries and sore spots.
- Please be careful and do not run into smaller, slower children.

ENTERTAINMENT

STARTING AT 9:00 A.M. we will get your feet moving near the north end of Mill Creek Park. **Have fun with Blue from Sporting KC, KC Chiefs Cheerleaders, KC Wolf, Susie & War Paint, Mac from the Missouri Mavericks, face painting, and more!**

FOR EVERYONE'S SAFETY

PLEASE NO strollers (on the race course), dogs, roller skates, roller blades or headphones.

KIDS' FUN RUN START

STARTING AT 10:15 A.M. When instructed, find and stand inside the area for your age group.

EVERYONE IS A WINNER!

All participants will receive an "I'm a Winner" ribbon after crossing the finish line! **We will be taking photographs of your children as they cross the finish line.**

FAMILY AFTER-BASH

FROM 10:45-11:30 A.M. Following the run, there will be a celebration with more fun and refreshments from First Watch.

KIDS' FUN RUN DETAILS

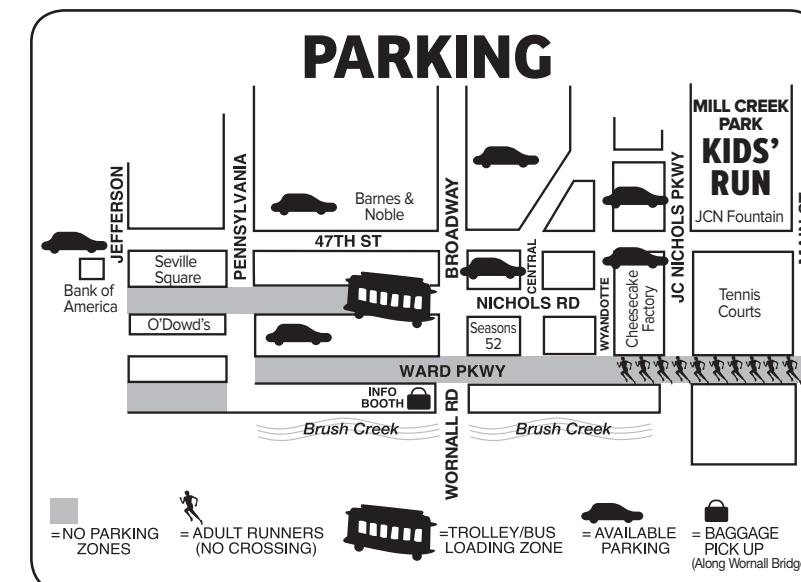
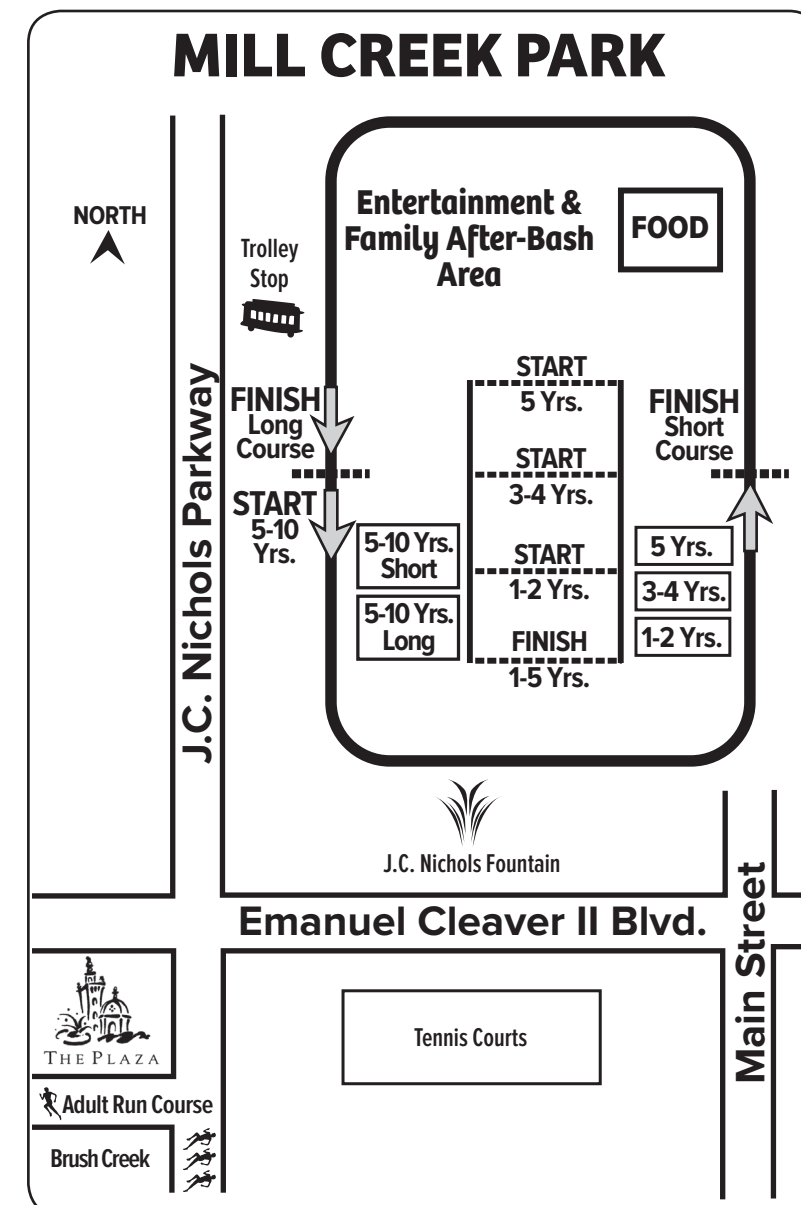
Parents, please get your child to the appropriate age chute when instructed.

Younger children will be closest to the start line followed by each age group. Children ages 5-10 years have the choice of running the short course which is about 1/4 mile (half way around the track) or the long course about 1/2 mile (once around the track). Please assist your child in selecting the appropriate distance for his/her ability.

All ages will run in heats of about 10-15. The youngest children will run first. Parents are welcome to run alongside or carry your small child if you wish. Parents of 5-10 year olds are welcome to run alongside the track with their kids. Parents may cheer on their children from either side of the running area.

Let your kids know that you will be at the finish line to meet them. Review with them what to do if they are unable to find you. Set up a meeting spot. If they get lost, please instruct them to go to the information tent. Police officers will be in the park to help.

IN THE EVENT OF INCLEMENT WEATHER, THE RACE WILL BE CANCELED. SHOULD THE RACE BE CANCELED, THERE WILL BE NO REFUNDS. PLEASE CHECK THE TROLLEY RUN FACEBOOK PAGE FOR UPDATES ON RACE DAY.



SEE EVERYONE ON KIDS' RUN DAY AT MILL CREEK PARK – SUNDAY, APRIL 28!



COLOR
"OWLBERT"

FIND AND CIRCLE THESE WORDS:

- SHOOK
- KIDS
- FUN
- RUN
- FAMILY
- TROLLEY
- KANSAS CITY
- CHILDREN
- CCVI
- EYES
- RACE

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